



Parle Tilak Vidyalyaya Association's

M. L. DAHANUKAR COLLEGE OF COMMERCE

Affiliated to University of Mumbai and NAAC Accredited

MEDIA VIBES

P2

POET'S
EMOTE

P4

FUN
ZONE

P6-7

LENS
SCOPE

P11

EMOTIONAL
CHRONICLES

SUBHEDAR'S VEER-RAS ENTHRALLS DAHANUKARITES

Chaitanya Pawar

Chhatrapati Shivaji Maharaj has been the epitome of courage and bravery. Thus, there was no surprise that when Subhedar's team visited M L Dahanukar College of Commerce, the entire campus was filled with stories of courage and bravery of Chhatrapati Shivaji Maharaj and his commander-in-chief, Tanaji Malusare.

The cast of the highly anticipated movie "Subhedar" graced the campus to promote their film on a warm morning. The actors felt proud and honored to fill in the shoes of the historical heroes. They expressed their deep gratitude for the opportunity to portray such honorable roles in a film that promises to captivate hearts across the nation. Their energy electrified the campus. Chinmay Mandlekar, Ajay Purkar, Virajas Kulkarni, Nupur Daithankar, Devdatta Baji, Avadhoot Gandhi and the director Dignpal Lanjekar were left spellbound by some talented performances.

During their interview, the actor Chinmay Mandlekar shared a captivating sneak peek from the movie's set, leaving the audience in awe. They described a scene where Chinmay Mandlekar found himself in the vicinity of a cobra



shooting and told everyone to leave the cobra in his natural habitat. He demonstrated fearlessness and courage, which earned him accolades by the crew.

The show was anchored by Mruda Zarekar and Rushikesh Sawant. Rushikesh also recited a letter addressed to Chhatrapati Shivaji Maharaj that left the crowd overwhelmed. One of the standout moments of that day was the Shiv Garjana, which kicked off the show and was recited by Anushree Patil. BAMMC students showcased their talent and creativity through bharud.

The day concluded with interviews of the crew conducted by our faculty, Sayalee Natu and Ganesh Achwal. This interview brought many anecdotes of what happened during the shoot and director Dignpal Lanjekar invited all the

EAGERLY BAPPA'S

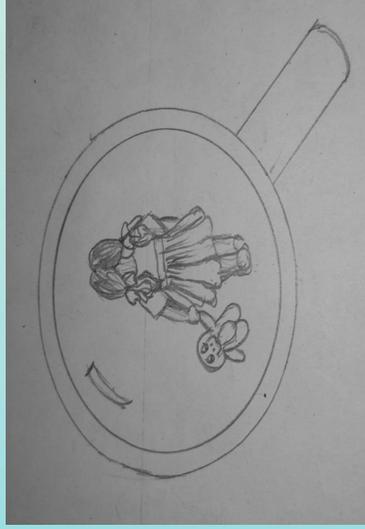
Sayalee Natu

Mumbai is a melting pot of cultures. It has its own distinct culture, which is an indispensable part of the city. For the last 11 days of joy as Ganesh Chaturthi is celebrated for either one and a half months. Everything about the festival is loved by the Mumbaikars.

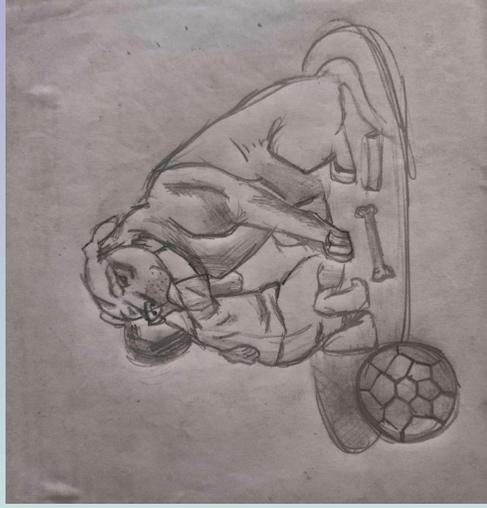
Preparations start from the day of Ganesh Chaturthi. The festival involves making and finalizing the Ganesha as well as public celebrations. It is a society functions and what to make for the content themselves. The participants boast skills of traditional favourites.

The practical and devotion. There is a sense of business in the air. Even the devotees don't miss the devotion. In fact, they are busy during the process.

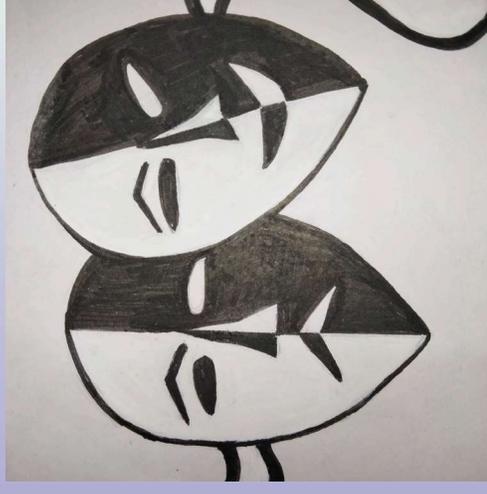


FINDING MY INNER CHILD

**I clenched my teeth when I got to know about how I felt about myself,
But maybe that was the inner child I hid in my library shelf.
I realized that I lost myself while chasing my dreams,
and asked myself: what happened to the girl who loved ice-creams?
Now when someone is better than me at something I get anxious,
Maybe in this generation jealousy is contagious.
I cried silently when no one saw the tears,
maybe that helped me overcome all my fears.
I tried my best when my inner child in me was at the worst,
I realised I have to take care and love myself first.
That's when I fought with anxiety, jealousy and sadness,
By finding for joy, excitement and happiness.
I found the lost inner child in me in my dreams**

I LOVE CHICKEN, TREATS AND YOU!

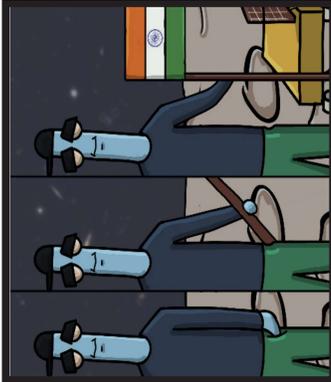
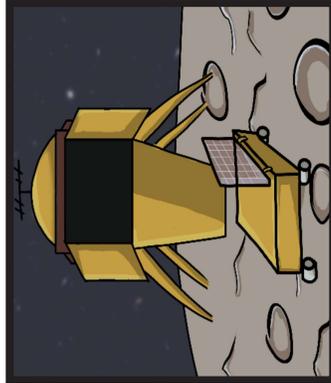
**On your sofa, I've found my place,
A busy bone eater who loves your face.
With every tail wag, bark, and sigh,
Just grab that ball and throw it high.
From morning's light to the evening night,
A walk with you makes me alright.
On lazy days and in rainy weather,
I love to jump when we are together.
Eating chicken lights up my whole day,
But those extra treats will make me slay
I want my chest rubs along with a hug,
And some more food which is in your mug.
In our adventure, big and small,
Along with my favorite toy, I'll give my all.
Your touch, your voice, my heart they thrill,
With you, I've found my forever fill.
I want you for my every breath,
You are the reason for my life's health.**

ILLUSION OF EMOTIONS

**When I was a child , I learnt about emotions.
Happy, sad, good and bad
As I grew, I got to know Those emotions are just illusions.
We are the generation confused between lovers and friends,
Life is happening but we are stuck in a loop of depressing trends.
The happiest in the world pretends to be depressed
Social media controls and feelings get suppressed.
We live in a world which has inverted rules.
Where happiness is normal and sad life is cool.
We get angry at people we love,
and stay silent in front of**

Kratiya and Velky

Written & Illustrated by:
Rohit Mundy



Patrakar kehete hai ...

Written by: Amruta Jadhav
Illustration by: Sara Ghadi



SUDOKU

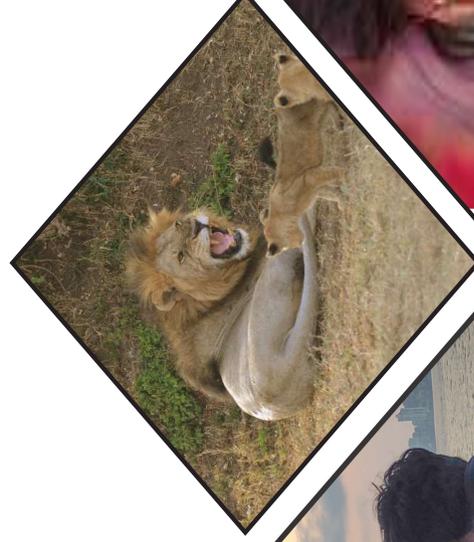
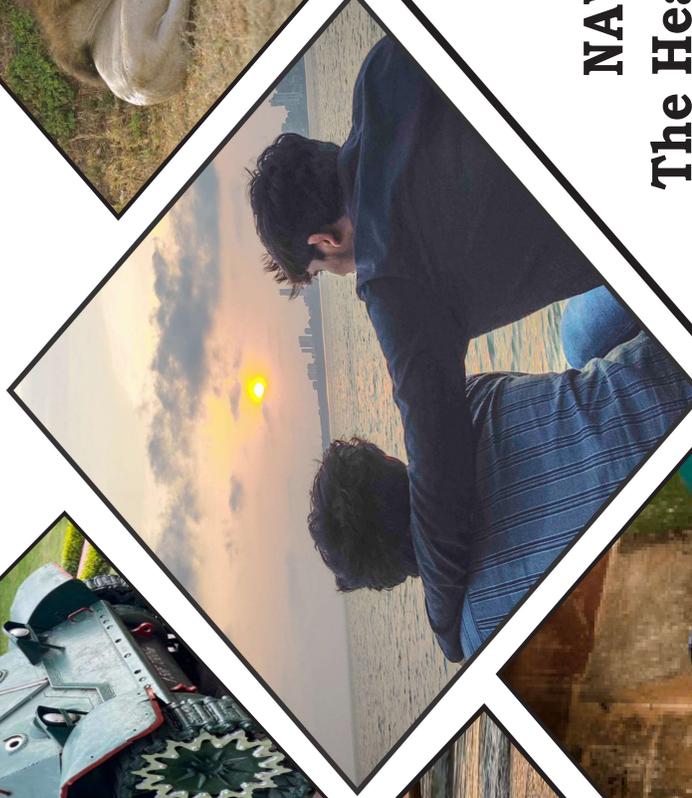
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SPOT THE DIFFERENCE



Friday, 15th September, 2023

Media Vibes 6



**NAVRAS:
The Heart Of Arts**

Nostalgia: Treasure chest of memories

Supriya Kulkarni

Nostalgia is like a grammar lesson: you find the present tense, but the past perfect!
~Owens Lee Pomeroy.

Nostalgia is a journey that takes us back to moments etched in the canvas of our lives, a powerful emotion that transcends time, allowing us to relive the joy and warmth of days gone by.

The echoes of laughter and the murmurs of friendship that we hear as we go past our school,

Photo credit: Gargi Rane



and who can forget the simple joy of sharing lunch boxes with friends, swapping stories and snacks, each morsel containing a piece of friendship!

A vivid picture of the freedom and adventure of the summer vacations, the train ride to the village with relatives, and constructing sandcastles and forts while basking in golden sunlight.

As we manage the challenges of adult-

hood, memories from those days become a source of comfort. Photo albums serve as time machines, transporting us to gatherings filled with love and togetherness.

The first taste of independence is a unique nostalgia, blending excitement and uncertainty, making it a memorable milestone in our journey. Sometimes, simple things like the smell of a particular street food, the sound of waves crashing against the shore or even sitting peacefully on your terrace makes you very nostalgic.

Sensory triggers like rain, favourite songs, and childhood dishes can also transport us back in time, evoking emotions across the spectrum. It is not about yearning for lost moments but rather a reminder of the importance of embracing the past and embracing growth.

As we grow older, we may also feel nostalgic for a time when we felt more certain about who we were. As we experience the world, we may also lose our sense of innocence. This can lead to feelings of nostalgia for a time when we were more carefree and less aware of the harsh realities of life.

Nostalgia is a thread that connects the past, present, and future in the vast fabric of life. It serves as a reminder that the special times in our lives can change us in ways we might not completely understand. So, let's embrace nostalgia as we go through our life, allowing it to enrich our experiences and increase gratitude for the memories cherished till now.

Emotional stress: Corporate challenge

Aman Sharma

Often times, students are struck with

a crucial role. Prioritize tasks, set realistic goals, and break them down into manageable steps.

Purrfect love

Jay Bijutkar

In a world of complex human connections, the emotional attachment we share with our pets is the purest form of companionship. From the wag of a tail to the soothing purr, they have the ability to touch our hearts and provide solace.

The bond between humans and animals can be seen with the release of oxytocin, a.k.a the "love hormone" Studies have shown that gazing into the eyes of our pets can trigger its release as a parent looking at their child. This response paves the way for a deep emotional connection that transcends language barriers.

Our love for pets is rooted in their unwavering loyalty and unconditional love, as dogs, known as "man's best friend", have evolved alongside humans for thousands of years. Co-evolution has evolved human emotions, providing comfort during distress. Cats offer independent yet affectionate companionship, alleviating loneliness and isolation with their presence alone

Sharing thoughts and concerns with a pet that listens attentively without judgment offers



Anxiety: unwanted, constant companion

Photo credits: Yash Sharma

Vedha Kadam

Anxiety, an unwelcomed companion, a puzzle with missing pieces, the feeling of not being in control, Even the most mundane tasks feel daunting as the constant fear of judgment engulfs us, leaving us vulnerable and isolated.

Waking up, having to socialize, ask for help, and halter our schedule to the slightest bit, becomes an uphill struggle when anxiety tags along.

A constant battle of “what if” and having to stay in our little bubble amplifies the sense of isolation, leading to sleepless nights of over-analyzation of every interaction, and gesture.

In this era, one always feels the need to compare and create a paradox of online existence causing one to seek validation, acceptance, and unrealistic expectations as it leads to FOMO (fear of missing out), which forms intricate patterns that entangle you and feel nearly impossible to escape.

The constant comparison to curated lives intensifies the feeling of inadequacy. Cyberbullying and negative comments create the pressure to fit in, intensifying our anxiety. Online and offline worlds are becoming increasingly intertwined. Pettiness is made worse by the pressure to keep a flawless online reputation. The exhilaration and uneasiness that come with the notification bell.

Due to the conflict between the security of familiarity and the fear of the unknown, anxiety might even be confided in one's own home.



The echoing silence of the room can occasionally turn into a prison of ideas since worry is an emotion that cannot be described.

The first step for conquering anxiety is its acknowledgement and acceptance. Do not worry, as eventually things will sort out when you calmly understand them.

Taking pride in even the slightest successes aids in developing self-compassion. Embracing and accepting one's imperfections, forgiving setbacks. Engaging in activities that trigger anxiety will gradually desensitize.

Anxiety is a challenge that many of us face at some point in our lives. It is very much important to remember that anxiety is not a sign of weakness. It is a very normal human emotion and experience.

By openly discussing anxiety with your closed ones and seeking help from professionals, we can reduce the stigma surrounding mental health issues and work towards a healthier, more balanced life.

Holdings boxes of strangers' secrets

Siddhi Sawant

It only takes one chat with a stranger to change a few things. Kind of friends that you've never known. They seem to be intentional but meeting them indeed happens unexpectedly.

Their small role in life helps individuals realize their worth and helps them believe in themselves when they were unable to find themselves. You have discovered that you are not inferior, and a realization check was necessary to appreciate your worth. They meet us for quite a few minutes or seconds sometimes to make a beautiful change.

Strangers, sometimes depicts dangers but you all know not every stranger is a danger some are the best bringers. Despite roots and upbringing being different, regardless of any religion they just see us as humans whose mind is out of their way. Strangers who begin to interest us at first sight somehow suddenly give back the same we get.

Some encounters foster unexpected friendships, while others transform into beautiful connections, leaving you with confidence and memories, while others leave you as a stranger with newfound friends. Emotions are just some swings we get into throughout our being.



Mumbai's culinary emblem of unity, resilience

Manswi Kadam

If Mumbai is the city of dreams, then Vadapav is the food that people turn to when they want to fulfill theirs. Deep-fried, wrapped in a fluffy pav, and served with three types of chutneys, vadapav is best enjoyed when piping hot, especially during monsoons. It is one dish Mumbaiers just can't get enough of.

Representing the city's welcoming spirit is the paav's softness, with the fiery chutney and flavorful soda symbolizing its resilience and vibrant energy that flow through its bustling streets.



Photo credit: Yash Sharma

dapav. However, with its neighborhoods giving rise to regional variations, you might encounter a spicy Schezwan Vadapav in one corner or a cheese-loaded Vadapav in another, showcasing the city's culinary innovation. By holding it in your hand, you hold the city's unspoken language of togetherness.

Embodying Mumbai's diversity, unity, and resilience, as well as its unique ability to turn the ordinary into something extraordinary, makes Vadapav not just a dish but an emotion that binds together the people of Mumbai, paying ode to its indomitable spirit.

As you navigate the streets of Mumbai in search of this iconic snack, make sure to visit these six famous Vadapav stalls:

Ashok Vadapav: Serving mouthwatering Vadapavs for generations, the secret chutney recipe of this historic landmark adds a unique flavor to their delectable creations.

Shivaji Vadapav: Celebrated for its crispy vadas and spicy chutney, this Vadapav stall located in Dadar, where locals flock, embodies the essence of Mumbai's street food culture.

Aaram Vada Pav: Famous for its soft pav and flavorful vadas, Aaram Vada Pav, near Chhatrapati Shivaji Maharaj Terminus (CSMT), is a must-visit spot for those wanting to explore Mumbai's culinary delights.

Graduate Vadapav: Located near the J.J. Hospital, this place is known for its mouthwatering Vadapav and nostalgic spot, making it a must visit stall for all the food lovers.

Anand Vadapav: Renowned for its these Va-

Beyond those 22 yards: India's emotional odyssey



Photo credit: Yash Sharma

Kshiti Mirikar

"Dhoni finishes off in style! A magnificent strike into the crowd! India lifts the World Cup after 28 years!"

Every Indian was at the edge of their seats, biting their nails. All the eyes were fixated on Nuwan Kulasekara's ball. A full-length ball comes crashing off Dhoni's bat and the entire nation absolutely erupted in joy, pomp and celebration. Kohli and Harbhajan lifted Tendulkar on their shoulders, as Dhoni lifted the World Cup trophy. One billion Indians collectively roared chants like there is no tomorrow.

Despite the colonial roots cricket quickly rose to become a national obsession. We Indians aren't just passionate about cricket, we follow it as if it were a religion.

Vijay Merchant, Sunil Gavaskar, Sachin Tendulkar and now Virat Kohli, have all succeeded India in their respective eras. They took up the baton of carrying on the Herculean task